



AMBERWOOD Care Centre

2313 North Rockton Ave – Rockford, IL. – 61103

815.964.2200 www.amberwoodcarecentre.com

Department Heads

Julie Logan: Administrator

Becky Pearce, RN: Clinical Director

Samantha Baney, RN: Assistant Director of Nursing

Thomas Motley: Medical Records/ Central Supply

Nakia Johnson: Concierge Director

Jodi Naser, LPN: Restorative Director

Alicia Pearce: Director of Admissions

Ruth Merriett, RN: Assistant Director of Nursing/ MDS Coordinator

Angel Rach: Social Services Director

Mary Durrenberger: Activities Director

Jennifer Buchanan: Business Office Manager

Paul Pearce: Maintenance Director

Tessa Watson: Marketing Director

Danyell York: LPN, Treatment Nurse

Steve Pahnke: Director of Dietary

Dawn Jackson: Housekeeping/ Laundry Supervisor

Lu Franseen, LPN: New Beginnings Alzheimer's Director

GREETINGS

Greetings to our Amberwood Families and Friends:

Happy Thanksgiving! We are so thankful for our residents, our staff and the friends and families of Amberwood that contribute to the good care of our residents and ensure the highest quality of life for those entrusted to our care.

I am happy to announce the promotion of Lu Franseen, LPN to the Director of New Beginnings Memory Care Neighborhood. Lu has been an important part of Amberwood's continuum of care for over 5 years and is looking forward to leading our memory care programming as the unit Director. Ruth Marriett, RN, ADON will assume additional MDS/Care Planning duties as Lu transitions to her new role.

With the holidays around the corner I would like to remind families of a few issues that will make the holidays less stressful for everyone. 1) Life safety code regulations do not allow the use of extension cords in the facility. A surge protected power strip may be used in rooms for non-medical equipment but extension cords cannot be used. 2) If you are bringing in new clothing or personal items- please make sure it is marked with a permanent marker, whether or not the facility does the laundry. It makes it so much easier to track missing items that have not been returned yet from the laundry. 3) If you are bringing in snacks and holiday goodies- they must be stored in air tight containers in the resident rooms that are labeled and dated. Potentially hazardous food items may not be stored in the resident rooms unless they have their own refrigerators (milk, yogurt, leftovers, etc). We want to keep our residents safe and keep the environment free of unwanted critters.

Sincerely - Julie Logan, Administrator



Mitch, one of our Heroes

Veterans day is a day to remember those who have fought for our freedom. Jerome Mitchell, or "Mitch" as he likes to be called, is just one of the million veterans that we want to honor this holiday.

Residing in Chicago, IL up until 1939 when he moved to Rockford, Mitch was always the life of the party. After high school, Mitch decided to join the Army and was shipped to Berlin, Germany. During his time overseas, Mitch worked at Spandau Prison as a guard for infamous prisoner of war "Rudolph Hess", who was third in command under Hitler. Mitch recalls, "I held many conversations with Hess and he seemed to be a pretty normal guy. He did however tell me that he knew he got himself into the wrong line of work."

According to Mitch, Spandau Prison was bigger than West High School in Rockford, IL and yet only held one inmate, who was Rudolph Hess. Mitch was one of the eight guards who took turns keeping an eye out for Hess as they rotated shifts. The one day that Mitch was off work, Hess was found in a summer garden house, located in a secure area of the prison, with an electrical cord wrapped around his neck. His death was ruled to be a suicide, but according to Mitch, "Hess had severe arthritis and couldn't even lift his hands above his head, so there is no way he could have done that to himself."

After five years of serving his country in the Army, Mitch came home to the United States, but remained in contact with his friends as well as his girlfriend over seas. He made a trip back to visit and will forever carry the memories he made in his heart. Thanks for your service, Mitch!

CONGRATULATIONS TO OUR NEW BEGINNINGS ALZHEIMER'S DIRECTOR, LU!



Previously the MDS/CP Coordinator at Amberwood Care Centre, Lu is now taking over New Beginnings as the Alzheimer's Director. Lu has been at Amberwood for 5 years and a nurse since 1978. Lu has been married for 35 years to a wonderful husband and has 3 children. One of her daughters is a hospice nurse and both of her sons work together drilling wells. She has 5 grandchildren ages 5-16. Lu says, "I wouldn't trade my job as a nurse for anything and I really enjoy working with the elderly. I like to think I make a positive difference in the residents lives."

Congratulations Lu!!!

LEONARD'S NEW HOME

Some people thinking of Nursing Homes as Bad,

And that is really too sad.

You want the best of care, but life just isn't fair.

I just didn't have the care to give, So off to Amberwood to live

Which is now Leonard's new home.

Where he only lacks a telephone.

He has pet names for all of his lovers,

Just don't take them under the covers.

The staff is great,

Want breakfast? Be there by eight.

If you love your spouse enough, Amberwood's got the stuff.

I can't brag enough about the place, Just hope they have the space.

I have nothing bad to say,

Just have a great day!

-A very satisfied spouse

Halloween Party

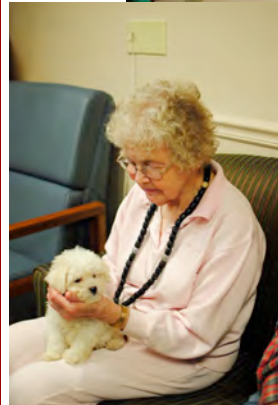


Edwards Apple Orchard

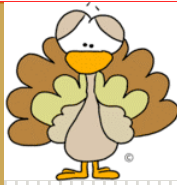


*"Care For the Caregiver" Seminar
(Check out our website for the notes)*

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Get to know your
Neighbor



JUST FOR **GOBBLES**



NAME: EDWARD A.
"ED"

HOMETOWN:
FREEPORT, IL.

SERVICE TO
COUNTRY: NAVY FOR
5 1/2 YEARS

FAMILY: 4
CHILDREN; 3 BOYS
AND 1 GIRL

HOBBIES:
PLAYSTATION 3
, AND TAKING CARE
OF HIS BUSINESS,
"ED'S PRINTING
SERVICE"

RESIDENT AT
AMBERWOOD: 2
YEARS

FAVORITE ACTIVITY:
BINGO

An industrious turkey farmer was always experimenting with breeding to perfect a better turkey.

His family was fond of the leg portion for dinner and there were never enough legs for everyone. After many frustrating attempts, the farmer was relating the results of his efforts to his friends at the general store get together. "Well I finally did it! I bred a turkey that has 6 legs!"

They all asked the farmer how it tasted. "I don't know" said the farmer. "I never could catch the darn thing!"

***In the US, about 280 million turkeys are sold for the Thanksgiving celebrations.**

***Each year, the average American eats somewhere between 16 - 18 pounds of turkey.**

***The heaviest turkey ever raised was 86 pounds, about the size of a large dog.**

Upcoming Events

11-24: Music of the Holidays

11-25: November Birthday Party

11-30: Eden Express Bus: Christmas Sights

12-3: Bowling Extravaganza Fundraiser

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*Happy Thanksgiving!!!*

*Happy Birthday!!!*

11-6: Sylvia S.

11-9: Norma H.

11-12: Clara M.

11-13: Lucille G.

11-20: Donna E.

11-29: Fannie M.

11-30: Mary T.